

# Virginia's Publicly-Funded Behavioral Health Services System

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Commissioner

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Health and Developmental Services

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# Legislative/Gubernatorial Joint Committees/Commissions

- **1949** – Report by Gov. Tuck's Chief of Staff Charles Duke Jr
- **1965** – The Virginia Mental Health Study Commission, chaired by Sen. Willey
- **1972** – The Commission on Mental Indigent and Geriatric Patients, chaired by Sen. Hirst
- **1980** – The Commission on Mental Health and Mental Retardation, chaired by Del. Bagley
- **1986** – The Commission on Deinstitutionalization, chaired by Sen. Emick
- **1996-1998** – The Joint Commission Studying the Future Delivery of MH, MR and SA Services, chaired by Sen. Gartlan and Del. Hall
- **1999** – Gov. Gilmore Commission on Community Services and Inpatient Care

# More Recent Commissions and Task Forces

- **2006 – 2011** – Supreme Court Commission on MH Law Reform
- **2007** – Gov. Kaine's Virginia Tech Review Panel
- **2013** – Gov. McDonnell's Taskforce on School and Campus Safety (Mental Health Workgroup)

# Legislative/Gubernatorial Joint Committees/Commissions

## **Major recommendation since 1949:**

Virginia needs to expand its capacity to serve individuals in their own communities with coordinated behavioral health and developmental programs and supports.

# Behavioral Health History

- **Prior to 1960s** – long-term (lifelong) state hospital care was norm for many individuals with mental illness and for others.
- **Early 1960's** – Census of all state hospitals exceeded 11,500 with 4,800 at CSH/1962, 2,400 at ESH/1964 and 3,000 at WSH/1965
- **1963** – Federal Community Mental Health Centers Act (enabling construction and staffing of multi-service CMHCs).
- **1968** – Virginia legislation establishing the local community services board system.
- **1980** - Congress passed Civil Rights of Institutionalized Person Act (CRIPA) – protection from harm, access to active treatment, discharge when ready
- **1990** – Congress passed the Americans with Disabilities Act (ADA) – prohibits discrimination, ensures equal opportunity for persons with disabilities in employment, public services, public accommodations, etc.
- **1992-98** – Dept. of Justice investigations of state hospitals and settlement agreements focused on quality of services in facilities.

# Behavioral Health History

- **1990** – Medicaid reimbursement for adult/child psychiatric rehab. services & targeted case management available for public CSBs
- **1995** – Medicaid managed care of outpatient and inpatient services (including mental health) - Medallion I (excluded rehab. Services)
- **1999** – U.S. Supreme Court Olmstead decision ruled public entities must provide community-based services to persons with disabilities when specific criteria present.
- **2000** – DBHDS establishment of Local Inpatient Purchase of Service (LIPOS) program to facilitate admissions to private hospitals for acute psychiatric treatment
- **2000** – Medicaid reimbursement for psychiatric rehabilitation services for adults and children opened to private providers.
- **2003** – President's *New Freedom Commission on Mental Health* envisions future in which "everyone with mental illness will recover".
- **2013** – Medicaid psychiatric rehabilitation services placed in managed care (Magellan)

# Virginia's Publicly-Funded Behavioral Health Services Delivery System

- System includes public and private community providers:

	Licensed Providers	MH/SA Providers	Locations	MH/SA Locations
CSB	40	40	2006	1,716
Private Providers	828	557	5365	2,683
<b>Total</b>	<b>868</b>	<b>597</b>	<b>7371</b>	<b>4,399</b>

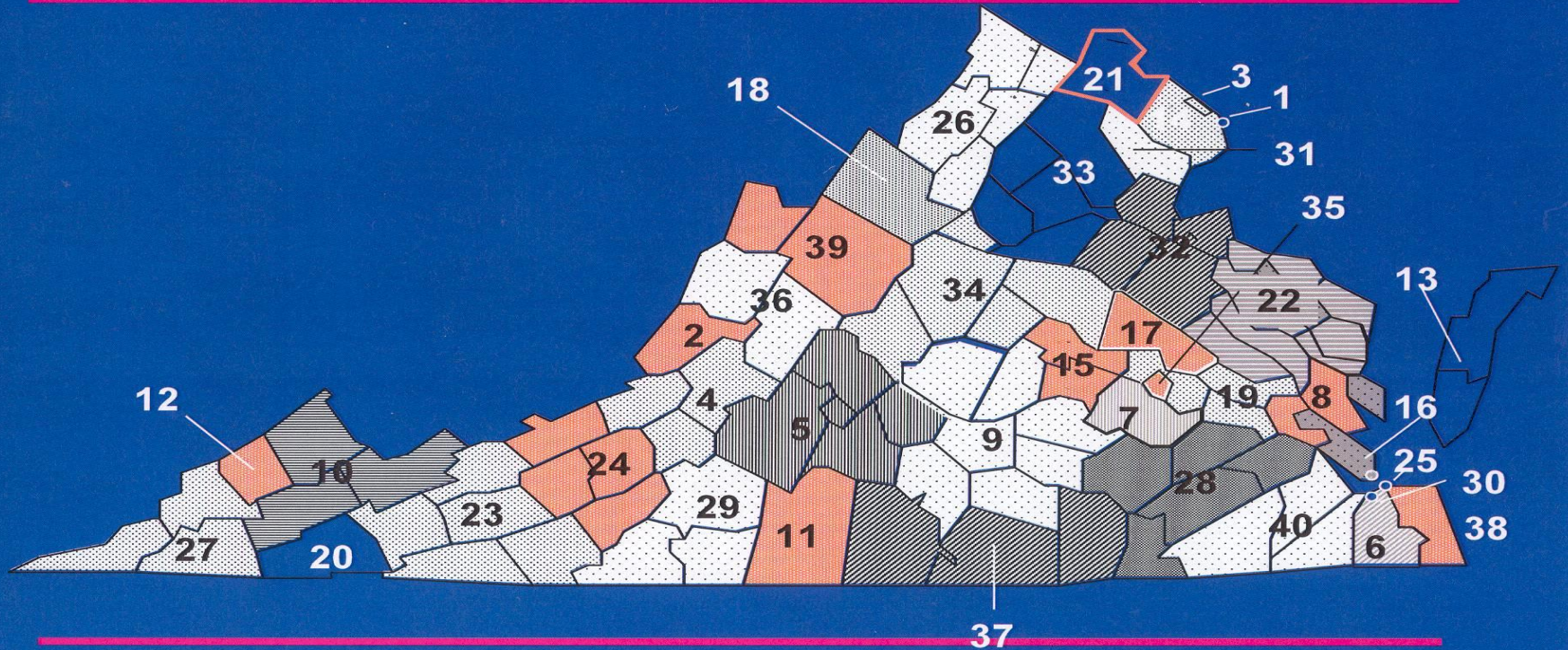
- And nine state hospitals
  - 8 adult hospitals
    - 1 all geriatric
    - 3 with geriatric units
    - 1 with maximum security forensic unit
  - 1 child/adolescent hospital

# Community Services Boards

- CSBs are established in Code to be the single point of entry into publicly-funded behavioral health and developmental services system
- Receive state, local and federal funding
- Established by 133 local governments:
  - 39 CSBs and 1 BHA (Richmond)
  - 29 established by 2-10 cities or counties or combinations, and 11 established by one city or county
  - 11 administrative policy, 27 operating, and 1 advisory-advisory (Portsmouth)
- Performance contract with and licensed by DBHDS



# 40 Community Services Boards



1. Alexandria
2. Allegheny-Highlands
3. Arlington County
4. Blue Ridge
5. Central Virginia
6. Chesapeake
7. Chesterfield
8. Colonial
9. Crossroads
10. Cumberland Mountain

11. Danville-Pittsylvania
12. Dickenson County
13. Eastern Shore
14. Fairfax-Falls Church
15. Goochland-Powhatan
16. Hampton-Newport News
17. Hanover County
18. Harrisonburg-Rockingham
19. Henrico Area
20. Highlands

21. Loudoun County
22. Mid Peninsula-Northern Neck
23. Mount Rogers
24. New River Valley
25. Norfolk
26. Northwestern
27. Planning District 1
28. Planning District 19
29. Piedmont Regional
30. Portsmouth

31. Prince William County
32. Rappahannock Area
33. Rappahannock-Rapidan
34. Region Ten
35. Richmond
36. Rockbridge Area
37. Southside
38. Virginia Beach
39. Valley
40. Western Tidewater

# CSB Services

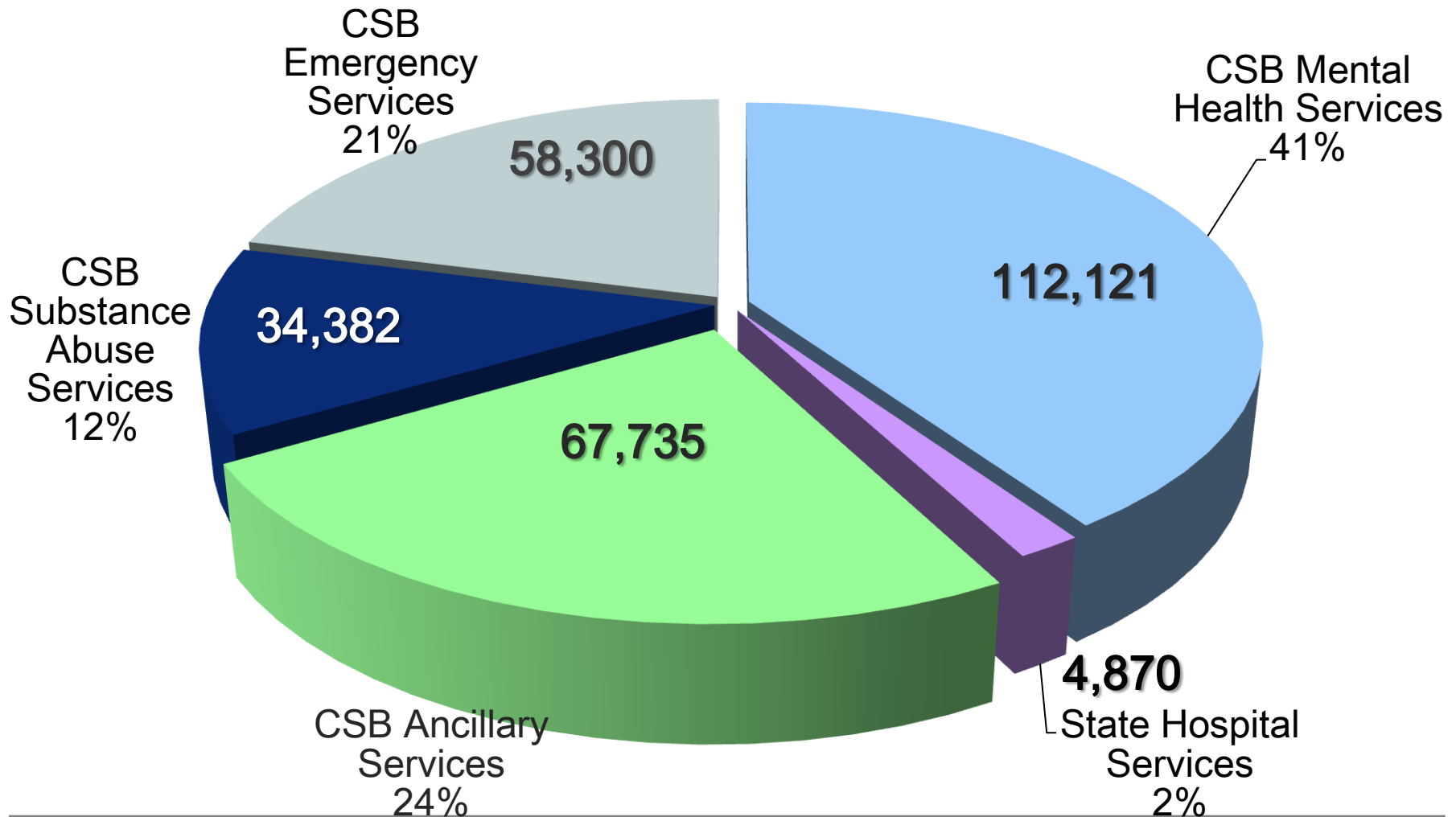
- **Mandated to provide:**
  - Emergency services
  - Case management subject to the availability of funds
  - Preadmission screening and discharge planning
- **May provide a core of comprehensive services:**
  - Services can be provided directly by CSB
  - CSB may contract for services
  - Groups of CSBs may contract for services or provide them directly on a regional basis



# Array of Services Provided by CSBs

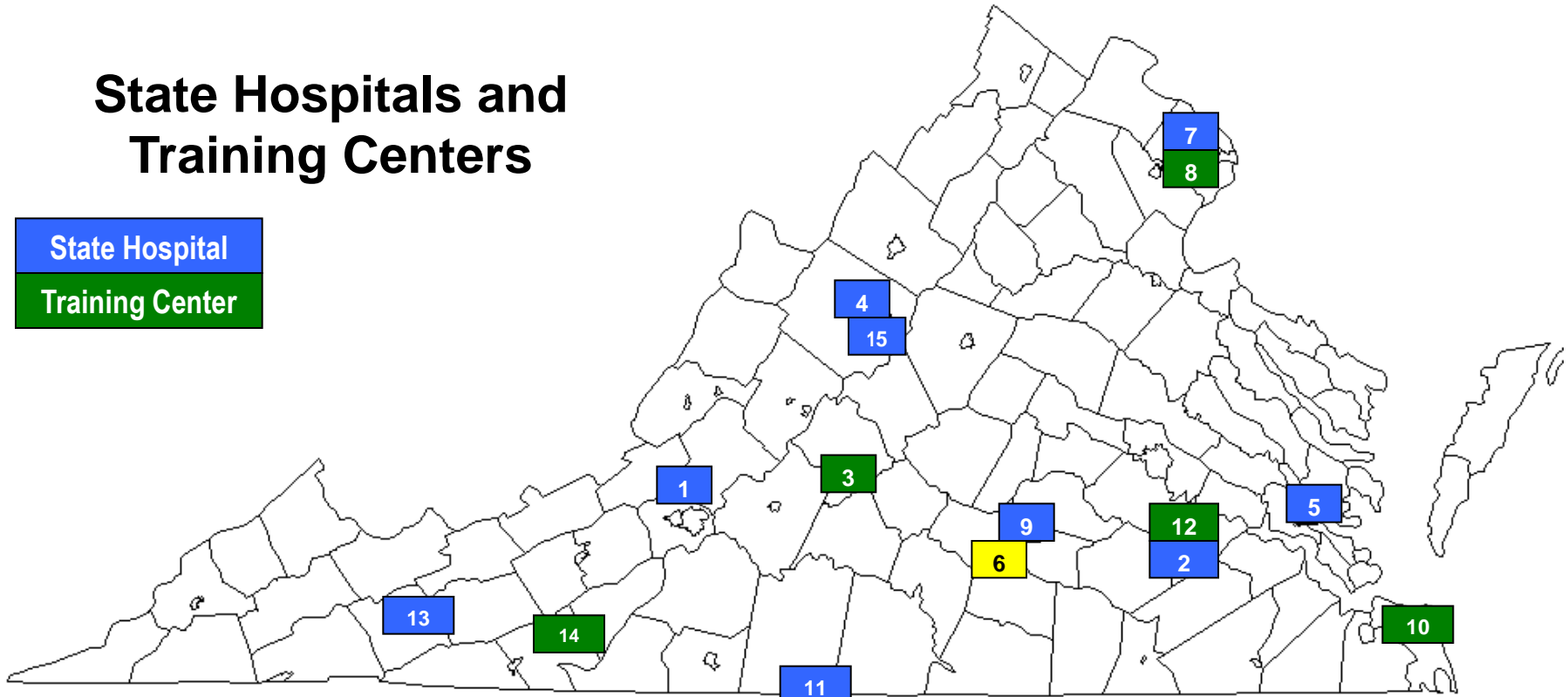
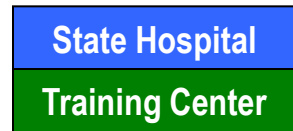
<b>Core Services</b>	<b>Mental Health Services</b>	<b>Substance Abuse Services</b>
<b>Emergency Services</b>	<b>X</b>	<b>X</b>
<b>Inpatient Services</b>	<b>X</b>	<b>X</b>
<b>Outpatient Services</b>	<b>X</b>	<b>X</b>
<b>Case Management Services</b>	<b>X</b>	<b>X</b>
<b>Day Support Services</b>	<b>X</b>	<b>X</b>
<b>Employment Services</b>	<b>X</b>	<b>X</b>
<b>Residential Services</b>	<b>X</b>	<b>X</b>
<b>Prevention Services</b>	<b>X</b>	<b>X</b>
<b>Consumer-Run Services</b>	<b>X</b>	<b>X</b>

# Individuals Receiving Behavioral Health Services in FY2013



# State Facilities

## State Hospitals and Training Centers



	Facility	Location			Facility	Location
1	Catawba Hospital	Catawba		9	Piedmont Geriatric Hospital	Burkeville
2	Central State Hospital	Petersburg		10	Southeastern VA Training Center	Chesapeake
3	Central VA Training Center	Madison Heights		11	Southern VA MH Institute	Danville
4	CCCA	Staunton		12	Southside VA Training Center	Petersburg
5	Eastern State Hospital	Williamsburg		13	Southwestern VA MH Institute	Marion
6	Behavioral Rehabilitation Center	Burkeville		14	Southwestern VA Training Center	Hillsville
7	Northern VA MH Institute	Falls Church		15	Western State Hospital	Staunton
8	Northern VA Training Center	Fairfax				

# Virginia's 8 (Adult) State Behavioral Health Hospitals

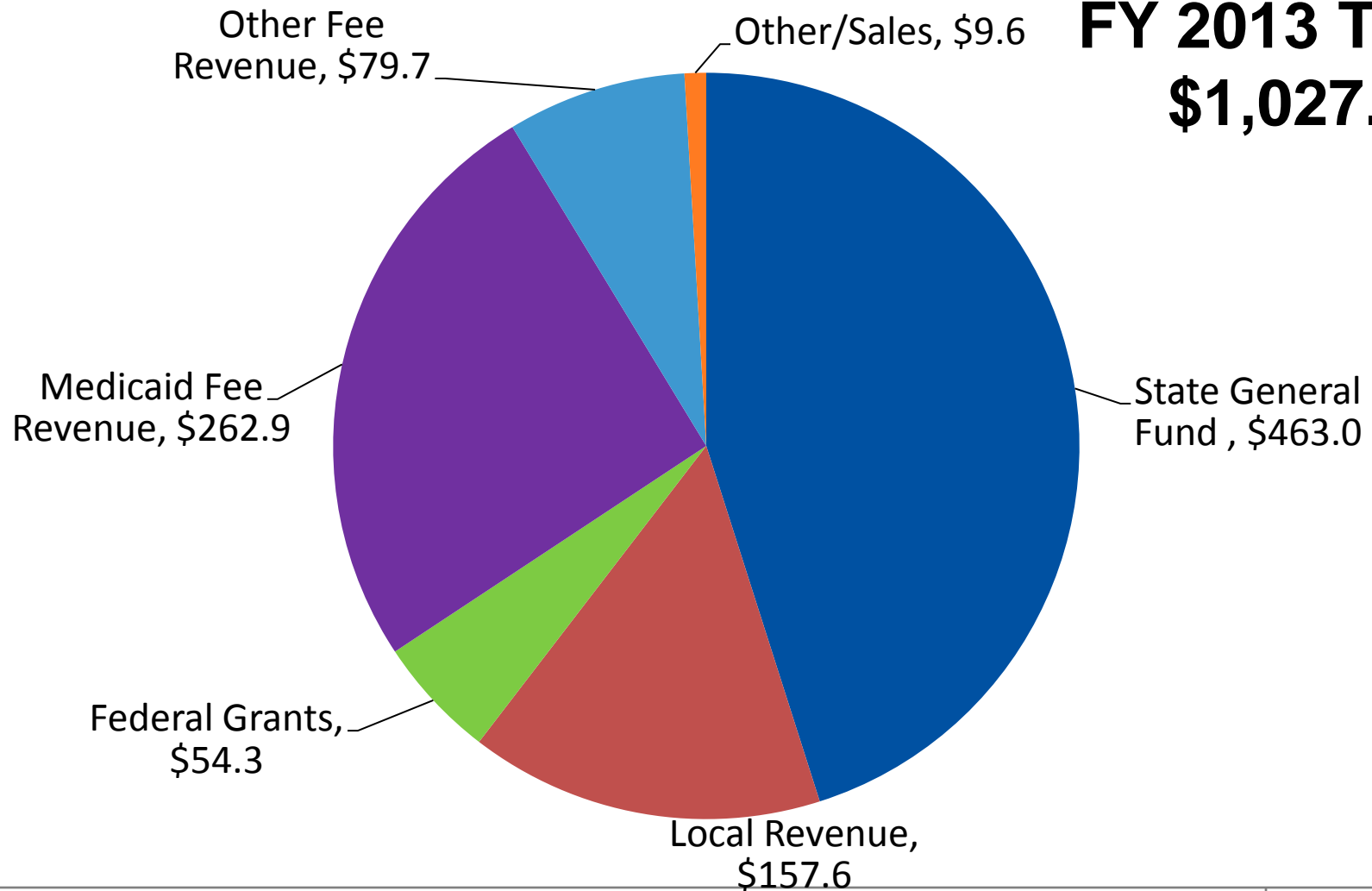
Name	2000 Census	2005 Census	2010 Census	12/26/13
<b>Catawba</b> , Catawba	88	100	100	99
<b>Central State</b> , Petersburg	303	244	211	180
<b>Eastern State</b> , Williamsburg	485	409	329	262
<b>Northern VA MHI</b> , Falls Church	121	123	120	118
<b>Piedmont</b> , Burkeville	126	118	110	107
<b>Southern VA MHI</b> , Danville	89	69	75	68
<b>SWVA MHI</b> , Marion	166	143	151	159
<b>Western State</b> , Staunton	275	243	226	204
<b>TOTAL</b>	<b>1653</b>	<b>1449</b>	<b>1322</b>	<b>1197</b>

# FY 2013 Funding for CSB MH/SA and State Hospital Operations (in millions)

	Community Programs			MH Facilities	Total
	MH	SA	Total		
<b>State General Fund</b>	\$184.9	\$46.6	\$231.5	\$231.5	<b>\$463.0</b>
<b>Local Revenue</b>	\$117.4	\$40.2	\$157.6	\$0.0	<b>\$157.6</b>
<b>Federal Grants</b>	\$11.6	\$42.6	\$54.2	\$0.1	<b>\$54.3</b>
<b>Medicaid Fee Revenue</b>	\$208.3	\$3.1	\$211.4	\$51.5	<b>\$262.9</b>
<b>Other Fee Revenue</b>	\$42.1	\$11.3	\$53.4	\$26.3	<b>\$79.7</b>
<b>Other/Sales</b>	\$5.5	\$3.0	\$8.5	\$1.1	<b>\$9.6</b>
<b>Total Revenue</b>	<b>\$569.8</b>	<b>\$146.8</b>	<b>\$716.6</b>	<b>\$310.5</b>	<b>\$1,027.1</b>

# FY 2013 Funding for CSB MH/SA and State Hospital Operations (in millions)

**FY 2013 Total:  
\$1,027.1**





# Medicaid Payments to All Providers in FY 2013

Medicaid Services	Private Providers	CSBs
Mental Health Rehabilitation Services	\$404,893,452	\$107,875,977
Mental Health Clinic Services	\$190,680	\$2,160,083
Substance Abuse Services	\$367,493	\$1,224,342
Habilitation (ID Waiver) Services	\$446,971,020	\$106,237,916
Case Management and Other Services	\$0	\$136,349,876
Total Medicaid Payments	\$852,422,645 (71%)	\$353,848,194 (29%)
<b>Total Medicaid Payments to All Providers</b>		<b>\$1,206,270,839</b>

# Behavioral Health Services

## Ongoing Treatment and Support Services

Children/  
Youth  
MH/SA

Adults  
MH/SA/  
Forensic

Older  
Adults

Serious/  
Persistent  
Mental  
Illness

Develop-  
mental  
Disabilities

**Crisis Response Services**  
(Including Acute Psychiatric Inpatient)

# Ongoing and Support and Treatment Services

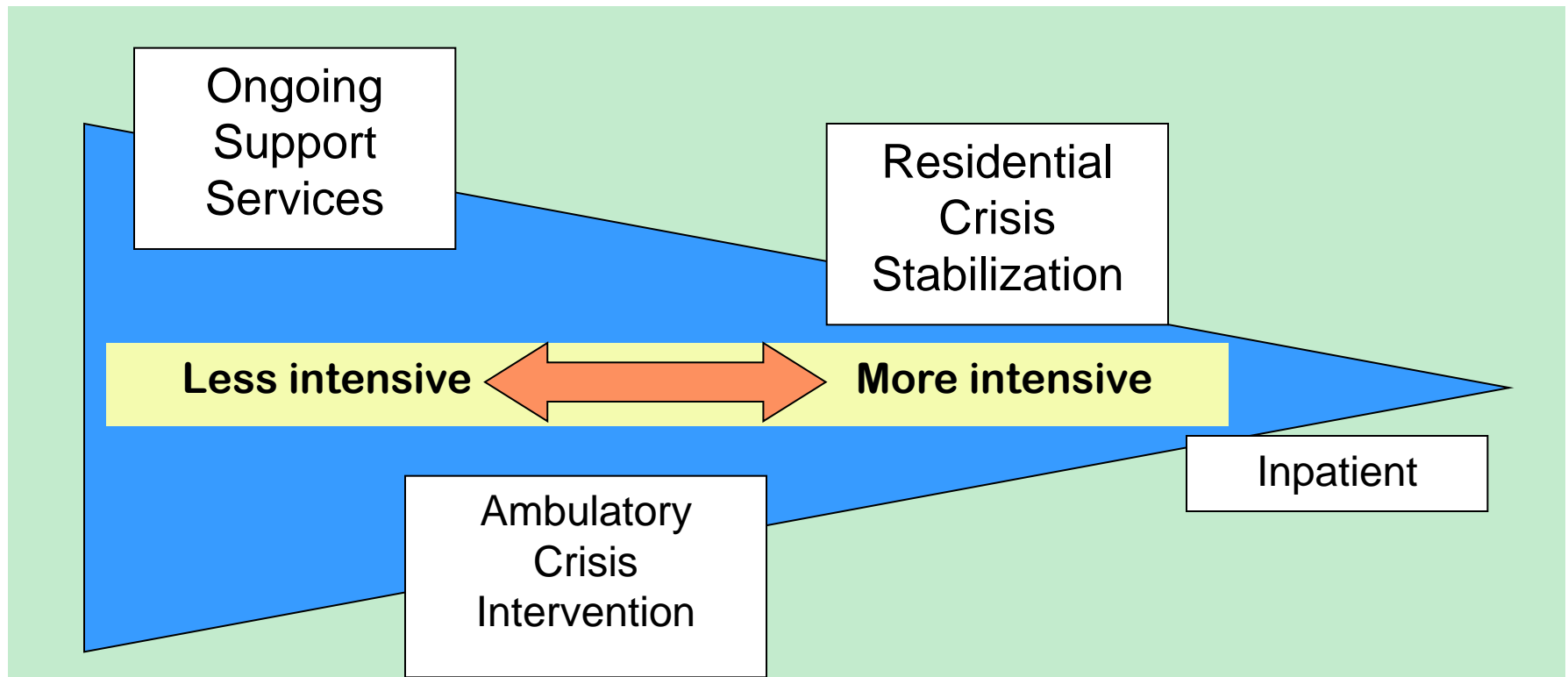
Assessment, evaluation, care planning	Medical care
Outreach and engagement	Vocational and educational support
Counseling and therapy	Basic needs (decent housing, food, safety)
Medications and management	Respite
Peer support	Drop-in centers
Case management	Financial support
In-home supports	
PACT/wraparound services	

# Crisis Intervention Services Continuum

<b>Crisis Response, Resolution, and Referral</b>	<b>Crisis Stabilization</b>
Hotline	Consumer-run residential support service
Phone crisis contact – brief	Residential Crisis Stabilization – voluntary
Phone crisis counseling – extended	Residential Crisis Stabilization
Crisis consultation w/ CSB program	In-Home residential support service
Face-to-face counseling – next day	
Face-to-face counseling – immediate	
Psych crisis consultation	<b>Inpatient Hospital</b>
Psych, eval, med	Local Hospital
Mobile outreach crisis team	State Hospital

# Behavioral Health Model

Investment in ongoing treatment and support services reduces demand for intensive services and acute care interventions:





# Targeted Efforts to Address MH/SA Service Capacity FY 2005 – FY 2014

New Funding	Total (in millions)
<b>Community Total</b>	<b>\$71.40</b>
Crisis Response	\$24.12
Adults with Serious and Persistent Mental Illness	\$23.33
Mental Health Treatment for Children & Adolescents	\$12.15
Mental Health & Criminal Justice Interface	\$4.77
Substance Abuse Services	\$3.43
Outpatient Mental Health Treatment for Adults	\$3.00
Prevention	\$0.60
<b>State Hospitals Total</b>	<b>\$20.52</b>
<b>Total New Funding</b>	<b>\$91.92</b>
<b>Total Reductions</b>	<b>(\$57.50)</b>
<b>Net Total</b>	<b>\$34.42</b>

# Priority Initiatives During Current Administration

- Developmental Services and Supports Community Capacity
- Behavioral Health Emergency Response Services
- Child and Adolescent Mental Health Services
- Case Management
- Effectiveness/Efficiency of State Hospital Services
- Employment
- Housing
- Substance Abuse Treatment Services
- Peer Services and Supports
- DBHDS Electronic Health Record (EHR)
- Sexually Violent Predator (SVP) Service Capacity



# Behavioral Health Services

## Ongoing Treatment and Support Services

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## Crisis Response Services (Including Acute Psychiatric Inpatient)